



Manchester Cross Country Ski Club

Cross Country Ski, Roller Ski, Telemark and more.

Regular coaching sessions and equipment hire

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Roller Ski: Endurance Event

The event is aimed at both those that have only recently taken up rollerskiing as well as the more experienced rollerskier. You have the option of skiing for half an hour on a relatively flat course or an hour on a course with bridge and some technical corners.

Date and Time (Provisional)

The times below have not been finalised at this stage.

Date: Saturday 18 May 2024

Time: 11:15am (11:00:briefing) - 12:15pm

Track open: 10:30am



Northern Roll

Roller Ski Race Series

Location

UCLan Sports Arena, Tom Benson Way, Preston PR2 1SG

http://www.uclan.ac.uk/uclan_sports_arena/

Event Details

The short and long duration events will be run simultaneously with the same start/finish point but on different courses. It is a free technique event (i.e skate or classic). Skiers don't have to ski continuously they can dip in and out if they wish.

Short Duration Event

Duration of 1/2 hour plus last lap. The course will be the lower loop of the UCLan track (using the cut-through, missing out the bridge), see Figure 1 for route and start/finish.

Long Duration Event

Duration of 1 hour plus last lap. The long course will be the full loop of the UCLan track with modifications on main straight, see Figure 2 for route and start/finish.

Booking and Contact

Booking will be via online application opening mid-April 2024.

If you have any question before then contact, Alistair, email rollerskirace@mccsc.org.uk.

Figure 1: Short Course (1.1km)

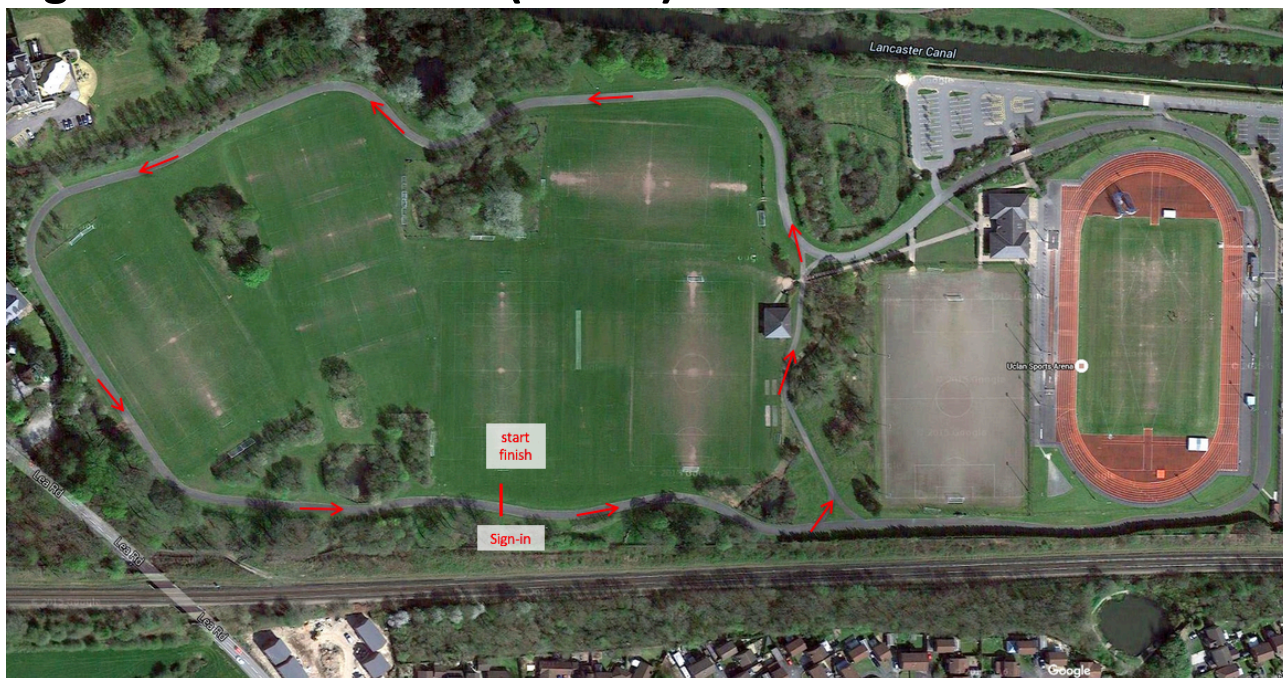


Figure 2: Long Course (1.6km)

