



# Manchester Cross Country Ski Club

Cross Country Ski, Roller Ski, Telemark and more.

Regular coaching sessions and equipment hire

[www.mccsc.org.uk](http://www.mccsc.org.uk)

## MCCSC Response to Corvid-19 Corona Virus

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Following the Governments latest advice on dealing with the Corona Virus, particularly to avoid all unnecessary social contacts and travel, it would seem inappropriate for our club to carry on running our indoor Telemark sessions as normal.

**Therefore all formal indoor Telemark sessions will be suspended with immediate effect.**

This action is not taken lightly, but it is the club's duty of care to protect its members, by following the Government advice in these unrepresented circumstances.

We hope that you will bear with us in these challenging times and look forward to being able to ski together without restriction in the future. Please check [www.mccsc.org.uk](http://www.mccsc.org.uk) for updates.

### Note 1

The four key elements of social distancing are:

1. Reduce non-essential contact with other people outside of the family.
2. Reduce non-essential travel to an "absolute minimum".
3. Keep away from bars, pubs, restaurants, cinemas, theatres and "all the places where human beings gather and where contacts can take place".
4. To the extent possible, work from home.

### Note 2

We have to clearly differentiate between official club activities and those of individual members. If a healthy individual (who has no symptoms, nor their family, friends, colleagues or work place) wishes to continue to ski informally & employing social distancing, then it is currently their right to do so (subject to any changes in government advice & policy). Snowsport England and Chill Factor<sup>e</sup> are using Government guidelines.



Manchester Cross Country Ski Club is an affiliated club to Snowsport England.

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